

November is Homelessness Awareness Month

Homelessness is a community issue and requires a community response.
Together, we'll make it home.

Participate.

- **Prepare and serve a meal** for residents in our housing programs – volunteer shifts are available every day
- Stop by our **Fundraiser** table at the Poughkeepsie Galleria on Nov. 19th from 11am-3pm
- Schedule a **customized volunteer project** for groups or individuals at our emergency overnight shelter
- Organize a **donation drive** at your school or office. We will provide flyers, signage, and information.

*For more details on any of these activities please call Alex Lam at 845-454-5176 x118
or email volunteer@hudsonriverhousing.org*

Donate.

- **Personal care items** such as toothbrushes, toothpaste, body lotion, deodorant, name brand feminine hygiene products, razors, shampoo, conditioner, body wash, household cleaning supplies, detergent
- **Linens** such as sheets, blankets, and towels
- **Coats** in all sizes
- **New items** such as socks, hats, gloves, scarves, and pillows
- **Non-perishable foods**, coffee, tea, hot chocolate, cereal
- Holiday gifts for youth, adults, and families such as **\$5 gift cards**

*Before dropping off your donations, please call Alex Lam at 845-454-5176 x118
or email volunteer@hudsonriverhousing.org*

Contribute.

- **Just \$35** can provide a warm bed for a homeless individual for the night. Donate at hudsonriverhousing.org
- After hitting the Black Friday sales, give back on **Giving Tuesday, Nov. 28th**
- In lieu of purchasing **holiday gifts for business clients**, make a donation to Hudson River Housing in their name. We can provide a set of inserts for your holiday cards to make it simple. To get involved, contact Elizabeth at ecelaya@hudsonriverhousing.org
- Hold a **fundraiser** to benefit Hudson River Housing and give your holiday gathering a new mission!

Donate online at hudsonriverhousing.org or call 845-454-5176

Speak out.

- **Read and share stories** of the individuals we serve at hudsonriverhousing.org/testimonials
- Speak with **formerly homeless individuals** and service providers at Mural Square at noon every Wed. in November (535 Main St. Poughkeepsie)
- See the **Mid-Hudson Bridge** lit up in **GREEN** to bring awareness to homelessness in November
- Wear **GREEN** on **November 8th** to show your support. Post your picture to our Facebook page!
- Invite an HRH staff member to **speak about our programs** with your co-workers, family or friends
- 'Like' Hudson River Housing on **Facebook & Twitter** to engage in our month-long social media campaign!

Thank you for your support!



PREVENT and END it

**Hudson River
Housing, Inc.**
www.hudsonriverhousing.org

"My wife died in June of 2015. I lost a lot. I forgot how to save. I forgot how to keep money. With her it was easy, but on my own, it seemed like I couldn't keep hold of a dime....I started working with a case manager, who helped me grieve and get the past out of my system...At this point there's nothing I can't do. The only restrictions that I have are the ones I put on myself. "



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